## PROTOCOLS PRESCRIBED BY THE ORDRE PROFESSIONNEL DE LA PHYSIOTHERAPIE DU QUEBEC ACCORDING TO THE STANDARDS DICTATED BY THE CNESST

## 1. <u>In order to be seen in the clinic, you must confirm that:</u>

- You do not have one or more of the following signs: fever, cough, difficulty breathing, diarrhea, loss of taste or smell.
- You have not had a positive COVID-19 test in the past month ago or you are not waiting for a test result.
- You have not been in close contact with a confirmed or probable COVID-19 case in the past 14 days

## 2. (For healthcare workers)

If the patient is working in the healthcare sector and has been in close contact with a confirmed or probable case of COVID-19 in the past 14 days, the following rules apply:

- If the patient was not wearing the appropriate PPE during this contact: even if he is asymptomatic, he should not come to the clinic
  - If the patient wore the appropriate PPE during this contact: he can come to the clinic.
    - 3. You will need to wear a face-cover the entire time that you are at the clinic. If you have one, bring it, otherwise we will provide one for you.
    - 4. Come alone. An accompanying person should be with you only if absolutely necessary.
    - 5. <u>Don't show up early, arrive on time ... in order to minimize the number of people at the reception.</u>

Also note that, in the "background", our staff will also be following strict disinfection and sanitary protocols ordered by the governing bodies. If you are curious about these, please ask.